



GORMAN
OPTIMAL
HEALTH
SOLUTIONS INC.

Gorman Optimal Health Solutions, Inc.
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Electrical Pollution

Research shows electrical pollution is killing us. They fear overhead power lines, air wave communication, florescent lights, computers, and even hair dryers and other electrical appliances are affecting our health and energy.



The potentially harmful electromagnetic field set up by alternating currents, (A.C. electricity, which runs all of our electrical appliances), interferes with our own energy field and nervous system, which is direct current. Our electro-magnetic energy is life itself.

Many people feel weak, have headaches, or just feel generally ill when they work in front of computers or under florescent lights. They may never feel as good as they would like to. It may be this electromagnetic pollution causing these feelings.

Test for yourself. Stand and put your arm straight out in front of you. Have someone push down on your arm and see how strong it is. Then turn on a hand-held hair dryer and hold it next to your body. Or stand close in front of a computer or television that is turned on and test again. You'll probably find your

arm gets completely weak. This is what is happening to your whole body when your normal energy (electrical) field is being bombarded day in and day out by these electric alternating currents.

Even though we cannot do away with all of these abnormal bombardments, we can protect ourselves. A simple multi-polar magnet, no bigger than a credit card, energizes our energy field to protect us. You try it. Put this card in your shirt pocket. Now re-test with the hair dryer near you or while in front of a computer or television. You'll see you stay stronger. You may also have more energy and generally feel better with continual use.

We recommend people wear this all the time they are working with computers, etc. Our preference is to wear it all day long, every day.

These have also been used for pain reduction by placing them over the painful area and leaving it until the pain lessens or leaves. If it doesn't help originally, move it to the exact same place on the opposite side of the body, which has to do with the acupuncture meridians of the body.

Multi-polar magnets will many times relieve chronic pain e.g.: headaches, carpal tunnel, tennis elbow, strained muscles, bruises, arthritis, old injuries, back pain, or spinal problems. Some of these conditions are caused by frequent electro-magnetic bombardments where our energy field weakens or becomes irritated, allowing symptoms, etc. Have you ever wondered why the old manual typewriters didn't cause carpal tunnel and the new easy-to-push electric computer keyboards are causing so many problems? The most common surgery is for carpal tunnel syndrome.

This little magnet is placed cloth-side against your body. It takes only one card. Place in the pocket of your shirt or pants. Some ladies even place it in their bra to have it next to their body. Most people wear it all day. Some feel they need more energy and find that placing several under their bed (the mattress pad) helps them at night.

We can help you achieve your perfect health through multi-polar magnets.

Upcoming Lectures

Optimal Health 101-How To Stay Young The First 100 Years

Gorman Optimal Health Solutions
333 North Oxford Valley Rd.
Suite 402
Fairless Hills, PA 19030

Wednesday, November 5, 2008
7:00 PM-8:00 PM

Call 215-9-HEALTH (943-2584) to reserve your seat for this COMPLIMENTARY lecture!
Seating is VERY limited.

How To Get The Edge In Competitive Sports

MVP Sports Training and Fitness Center
69 Zimmerman Ln.
Suite B
Hulmeville, PA 19047

Saturday, November 8, 2008
4:00 PM-5:00 PM

Please call 215-949-2161 to reserve your seat for this COMPLIMENTARY lecture!